



Harrington Public School

ISSUE 13 – TERM 3 – WEEK 9
16 September 2022

Principal's Report

Attendance Matters

Give your child every chance to succeed.

Club 90

These students are on track to make Club 90 best week!



Freddy	Summer	Ryan
Finn	Saige	Jai
Georgie	Charlotte	Pippa
Freya	Keira	Noah
Tristan	Jacob	Mia
Hannah	Billie	Katerina
Kora	Edward	Alexis
Chloe	Archie	Logan
Indianna	Indii	Lucas
Sarah	Ivy	Georgia
Mila	Sienna	Tyler
Charlotte	Lily	Ella-Rose
Tigerlily	Maddy	Taj
Jackson	Aidan	Lucas
Chadd	Ebony	Dakota
Betty	Ava	Finn
Gus	Jarrah	Makayla
Sadie	Kyra	Mikayla
Jack	Charlie	Molly
Noah	Ella	Lilyana
Jessie	Dakota	Isaac
Alyssa	Alivia	Sienna-May

NAPLAN

Parents/carers of Year 3 and Year 5 students would have received their child/ren's results recently which gave a snapshot of academic progress to date. This year we have seen some pleasing growth and results:

- Year 3 Writing above State average
- Year 3 Grammar & Punctuation very close to State average
- Year 5 Numeracy very close to State average
- Year 5 Grammar & Punctuation, Spelling, Writing and Reading significantly above State average

More school snapshot results will be shared at the school's next P&C meeting.



Chatham High School WOW Day

Last Thursday, class Green travelled to Chatham High School for Wow Day which is part of the high school transition program. The day was filled with lots of fun activities for the students who also received a sausage sandwich for lunch.



Working Bee Day(s)

The first Sunday of the school holidays (25 September) will be our school's first Working Bee leading up to our 150 year celebrations. For more details please refer to the Working Bee note which is being sent home today.



CAPA Event



Our annual Creative and Performing Arts Showcase (CAPA) is set to be held on Wednesday, 19 October at the Harrington Function Centre (near the Council Library), with students participating in a dress

rehearsal during the day, and performing in the evening. Performing students are asked to wear **plain black tops (t-shirt) and bottoms (shorts) which they will need to supply.**

Thank You

I would like to pass on thanks to Col Howard, and Brian and Lin Mitchell of Harrington Wholesale Cars for their recent donations for prizes in our Tell Them From Me Survey entrants. Your support is greatly appreciated.



Tell Them From Me Survey

I again remind families that our **Tell Them From Me Survey closes this Monday, 19 September at 5pm.** The 5-10 minute survey is used to capture parent and carer voices, providing evidence for schools to use in identifying strengths and areas for improvement. By completing the survey you can go into the draw to win one of the following prizes:

2 x bikes, 4 x \$50 K-Mart Vouchers, 10 x fishing packs



Simply send a screen shot of your completed survey to the school to enter!

Term 3

It has been an absolutely wonderful term, including extracurricular activities such as:

- *Athletics Carnival, school and zone*
- *Opportunity Class Placement Test*
- *Welcome Back Breakfast*
- *Midcoast Careers Quip*
- *Eddie Woo*
- *Gymnastics*
- *Fathering Project- Pizza & Planes*
- *Kindergarten Orientations*
- *Book Fair*
- *Book Parade and Grandparents morning tea*
- *Years 3-4 Bobin PS Science Excursion*
- *Father's Day Stall*
- *University ICAS assessments*
- *Debating*
- *Chatham High School Wow Day*
- *Club 90*
- *K-2 99 Farm Excursion*



Thank You

I would again like to thank Harrington Adventure Hire for allowing us to utilise their small bus for today's Netball Gala Day. Having this service offered to our students and staff enables our school to participate in smaller events which we may otherwise miss out on, and for this we are very grateful!



School Holidays

On behalf of all staff, I would like to wish all of the students and families a safe and holiday school holiday period.

Take care,

Paul Haste
Principal



Parent Information

Notes

Please note the following permission slips and notes are due to be returned to the school office as indicated:

NOTE NAME / TYPE	STUDENTS	DUE
Stage 3 Camp Note	Years 5 & 6	OVERDUE
Stage 3 Camp Deposit	Years 5 & 6	OVERDUE
Year 6 Baby Photos	Year 6	16 Sept
99 Farm Tinonee Visit	Years K/1/2	16 Sept
Working Bee Days	All	ASAP
Tell Them From Me Surv	All	19 Sept
Stage 3 Camp Payment	Years 5 & 6	12 Nov

Uniform Shop

PLEASE NOTE
CHANGE IN
PROCEDURE:
Orders for the
school uniform
shop will now be
placed directly
with the school
office.



Orders can be dropped in any day of the week and will be processed as soon as practical. A staff member will continue to be at the Uniform Shop each Wednesday morning from 8.40am – 9.00am.

Please drop the order form into the office, making your payment via EFTPOS or cash (please provide correct money as cash is not kept on the premises and change will not be available). Payments can also be made online (using UNIFORM ORDER as a reference). For further details please contact the office.

Win, Win, Win!

Participate in the Tell Them From Me survey and email your proof of completion to **go into a draw to win one of the following prizes:**

2 x childrens bikes, 4 x \$50 K-Mart Vouchers
10 x fishing packs

DRAW CLOSES 5pm Monday 19 September

Visit: <http://nsw.tellthemfromme.com/c3c6e>

P&C News

Meetings

P&C meetings are usually held in Week 3 and Week 8 of each term.



The next meeting of the Harrington Public School P&C is set to be held on **Monday, 17 October** at the school from 6pm. Should you wish to attend a meeting, or if you would like to become a member, email harringtonpspandc@gmail.com.

Canteen

We are always looking for more helpers in our canteen – if you are able to help, please contact the school office on 6556 1267. We appreciate any time you can give, no matter how great or small. Thank you.

Our new menu is available on Skoolbag and Facebook. When placing an order, please provide correct change (if possible) or the lowest denomination available.

Canteen Contact:	Susan Peterkin
Open:	Every Monday, Wednesday and Friday
Payment Options:	Cash only
Menu:	Available to download via Skoolbag and Facebook
Wanting to help?:	Please contact the school office on 6556 1267.

Student News

Debating

On Tuesday our debating team consisting of Jarrah, Lucas F, Molly and Lily competed against Gulmarrad Public school in the Round 1 finals.

Our team were outstanding and have definitely grown into stronger debaters with each debate this year.



They provided firm arguments to explain why students should not complete homework in groups and challenged the opposing team with their rebuttals.

Unfortunately, the adjudicator decided that on this occasion they did not win the debate. I would like to thank our whole debating squad for the effort they have put into developing their debating skills this year and both myself and the students are looking forward to next year's debates.

Spelling Bee Regional Finalists

Congratulations to Jack M and Finn L who represented Harrington Public School at the Regional Spelling Bee.

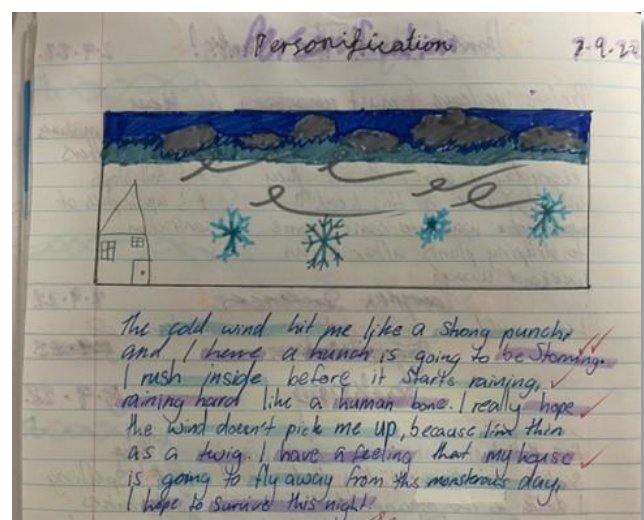
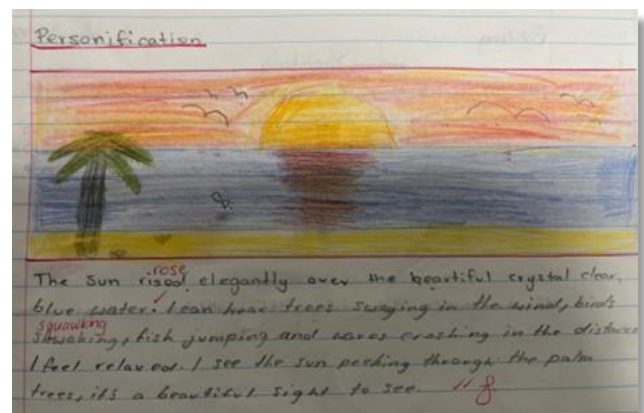
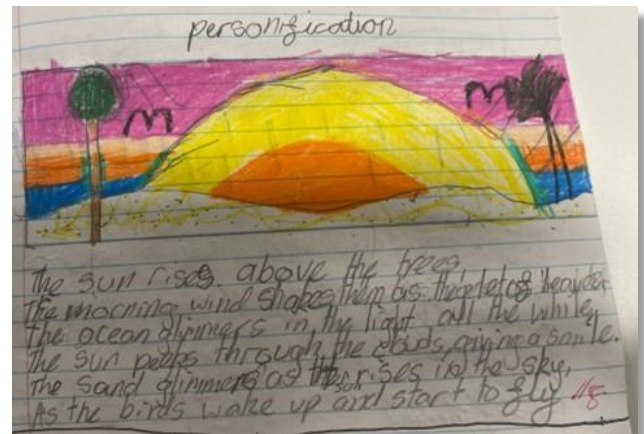
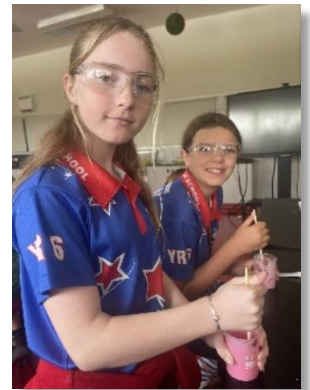
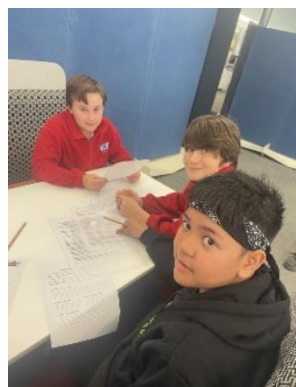
Both boys were amazing spellers reaching the fourth round and this placed them both in the top 10 finalists from the 25 schools competing.



Blue Room

This last fortnight in Green Room students have been:

- Learning about, writing and responding to poetry.
- Continuing to challenge themselves with multistep maths problems.
- Painting some beautiful cherry blossom trees.
- Preparing to transition to High School, including visiting Chatham High School for their WOW Day, and having Chatham High School representatives visit us.



Parent Engagement with Home Learning

From AP C&I, Julie Gray

Scavenger Hunt

Take your child on a fun scavenger hunt by offering clues, encouraging them to think carefully about their position and helping them to develop spatial awareness. Get their friends involved and see who can get to the mystery prize first!

Things you need - list of directions, clues, prizes or items to hide around the house.



The Challenge

Step 1

Choose a 'prize' or item and hide it somewhere in your home.

Step 2

Ask your child to estimate how many they are holding in their handful. Create a scavenger hunt using your own clues that are all about being in the right position. In your clues, use words like: clockwise or anti-clockwise, full-turn, half-turn or quarter-turn, left or right, up or down, between, next to, beside, behind or in front of, inside or outside, on top or below, under or beneath.

For example, "Take three steps forward, then turn anti-clockwise", "Look beneath the couch" or "Walk in the opposite direction until you get to a piece of furniture".

The Conversation

Get your child's friends involved or if you have a large family, work in teams to see who can get to the mystery prize first!

Safety Tips

If completing this activity outside remind your child how to stay safe:

Always play in the backyard

Don't play in the driveway.

Assembly Photos – Term 3 Week 6



PRINCIPAL:

GOLD:

DIAMOND:

KINDERGARTEN:

YEAR 1:

PURPLE:

BLUE:

GREEN:

LIBRARY:

SPORT:



Taylani, Summer, Jai, Mia C, Ella-Rose
Makayla L, Charlotte A, Sienna S, Ella, Noah M
Lily W
Freddy, Jaxon, Hannah, Indi, Brookie
Jackson C, Bryce, Skylah, Spencer, Keira
Athena, Maisan, Edward, Lilly, Jacob
Gracie, Emily, Kailani, Declan, Sienna-May
Mikayla, Paige, Molly, Lucas P, Lily W
Keira
Gus



Congratulations
Super Stars!



Harrington Public School

Enrolling now for Kindergarten 2023



Term Three & Four Transition Program

All potential kinder enrolments for 2023 are invited to a Teddy Bears Picnic and play afternoons during Term Three + 2 Morning Transition sessions in Term Four, 2022.

For your enrolment pack please contact front office at
Harrington Public School
High Street, Harrington
02 6556 1267

Respect, Responsibility and Personal Best

U-Nite Saturday For youth 10-16yrs

Join us 3pm - 6pm for fun games and activities.
Call us for more information on 65510292



IS LIFE CHANGING



U-Nite Saturday Afternoon Activities

AGES: 10-16 years

TIME: 3pm- 6pm Activities start at 3pm. Transport home from 6pm

ADDITIONAL INFO: Afternoon tea and dinner provided. All participants must be members of PCYC

Term 3*	Activities
10th Sep	Matt ball, Ninja warrior course, Boulderling wall, movie
17th Sept	Futsal, Creative Arts, Indoor hockey, table tennis
24th Sept	NO PROGRAM
Term 4	
11th Oct	Table Tennis, PCYC Mini Olympics, Lego
15th Oct	NO PROGRAM - PHYSICAL CULTURE EVENT
22nd Oct	Nerf Wars, Creative Arts, Gymnastics, Scavenger Hunt
29th Oct	Basketball, Scavenger Hunt, Dodgeball, Team Building Games

CONTACT US:

Call us on: 65510292

Email us at: taree@pcycnsw.org.au



IS LIFE CHANGING



Longer lasting fruits & vegetables

Canned fruit and vegetables can be really handy for lunchboxes and they are just as nutritious as fresh foods!

Why not try:

- Tinned fruit in natural juice - use in pikelets or serve with yoghurt
- Canned beans like chickpeas or cannellini beans - use to make dips like hommus or try making your own roasted chickpeas as a snack
- Add tinned vegetables like peas, carrot or corn to rice or pasta dishes
- Tinned corn - on it's own as a snack or try making corn fritters



<https://www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/recipe-ideas/>



Good for kids
good for life

CELEBRATING 150 YEARS

Spring

FAIR

HARRINGTON PUBLIC SCHOOL

1872-2022

22ND OCTOBER 2022

10AM TIL 2PM

TICKETS ON SALE SOON

RIDES - PETTING ZOO - TIME WARP - OUTDOOR CAFE - RAFFLES - BBQ - LIVE MUSIC

Spring Holiday Program Out Now!



Bring the kids along to
MidCoast Libraries
these spring holidays for a range
of fun and entertaining activities.
There's something for everyone!

See our full program at
midcoastlibraries.com.au

Bookings Essential

Explore Connect Learn Enjoy

www.midcoastlibraries.com.au

Good for kids
good for life



Serving up veggies!



Vegetables have nutrients, minerals, vitamins and fibre essential for kids growth, development, health and wellbeing.

Tips to get kids eating 5 x serves of veggies daily

- 🔥 Eat as a family. Offer kids a variety of cooked and raw vegetables daily
- 🔥 Be a role model! Fill your plate with a vegetable rainbow. Talk about what veggies you like to eat and why
- 🔥 Add raw or cooked veggies to lunchboxes e.g. veggie pikelets or muffins, carrot & cucumber sticks with salsa
- 🔥 Veggies are a great snack! Keep sliced veggies in a container in the fridge e.g. capsicum, celery, carrot
- 🔥 Ask your kids what veggies they'd like to eat. Involve them in shopping for, choosing and cooking veggies

Source: Queensland Government | How to get your kids to eat more fruit and veggies - Healthier, Happier.
<https://www.healthier.qld.gov.au/australian-diet/how-to-get-your-kids-to-eat-more-fruit-and-veggies/>



HNE LHD - GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Crowdy Head SLSC

Nippers Pool Proficiency

Sunday, 9th October, 2022

at

YMCA Taree

(Manning Aquatic Leisure Centre)

Under 6's, 7's and 8's	from 10.00am
Under 9's, 10's and 11's	from 10.30am
Under 12's, 13's and 14's	from 11.00am

FOR FURTHER DETAILS, SEE OUR FACEBOOK PAGE
or send an email to enquiries@crowdyheadslsc.org.au

To become a member visit: <https://members.sls.com.au>



The Resilience Project

Mindfulness.

This week our students are focusing on **mindfulness**. Working on mindfulness gives us opportunities to develop our ability to pay attention to the present moment and our thoughts. Practising mindfulness daily can help us stay focussed on set tasks and reduce stress and anxiety. Having a quiet house might not always be possible but having a quiet mind for five minutes every day is. Whether it's when the kids are napping, at school or just distracted by the latest episode of *Bluey*, take that opportunity to sit quietly, tap into your senses and focus on five things you can see, hear, feel and smell.

Smoothies for Success

Too much sugar can interfere with Serotonin and make us moody! Next time you're craving something sweet why not try out one of these smoothies instead. Did you know that many of the foods we put in yummy juices and smoothies actually contain things that produce SEROTONIN in our bodies! Serotonin is known as the 'happy' chemical and is found in our bodies. It contributes to our overall well-being and happiness.



FOR THE FRIDGE

Term 3 – September 2022

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
10	19 Sep Tell Them from Me Parent Survey closes 5pm - last chance to enter the draw for bikes, K-Mart vouchers and fishing packs	20 Sep Stage 1 Excursion to 99 Farm Tinonee	21 Sep Staff Twilight Professional Learning	22 Sep Public Holiday	23 Sep Assembly Gymnastics WORKING BEE 1 Sunday 25 Sept 2022	24/25 SEPT
SPRING	26 Sep	27 Sep	28 Sep	29 Sep	30 Sep	1/2 OCT
BREAK	3 Oct Public Holiday	4 Oct	5 Oct	6 Oct	7 Oct	8/9 OCT
1	10 Oct First Day Term 4 – all Students and Staff return to school	11 Oct	12 Oct	13 Oct	14 Oct WORKING BEE 2 Sunday 16 Oct 2022	15/16 OCT

